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Life is like a [roller coaster ride](#) with its ups and downs.

That's why we all need to be [motivated](#) especially when we are down and out

They say, when life gives you lemons, make lemonade.

To that end, I've compiled a list of the best and deep 125 inspirational life quotes that'll lift your spirits up and energize your soul.

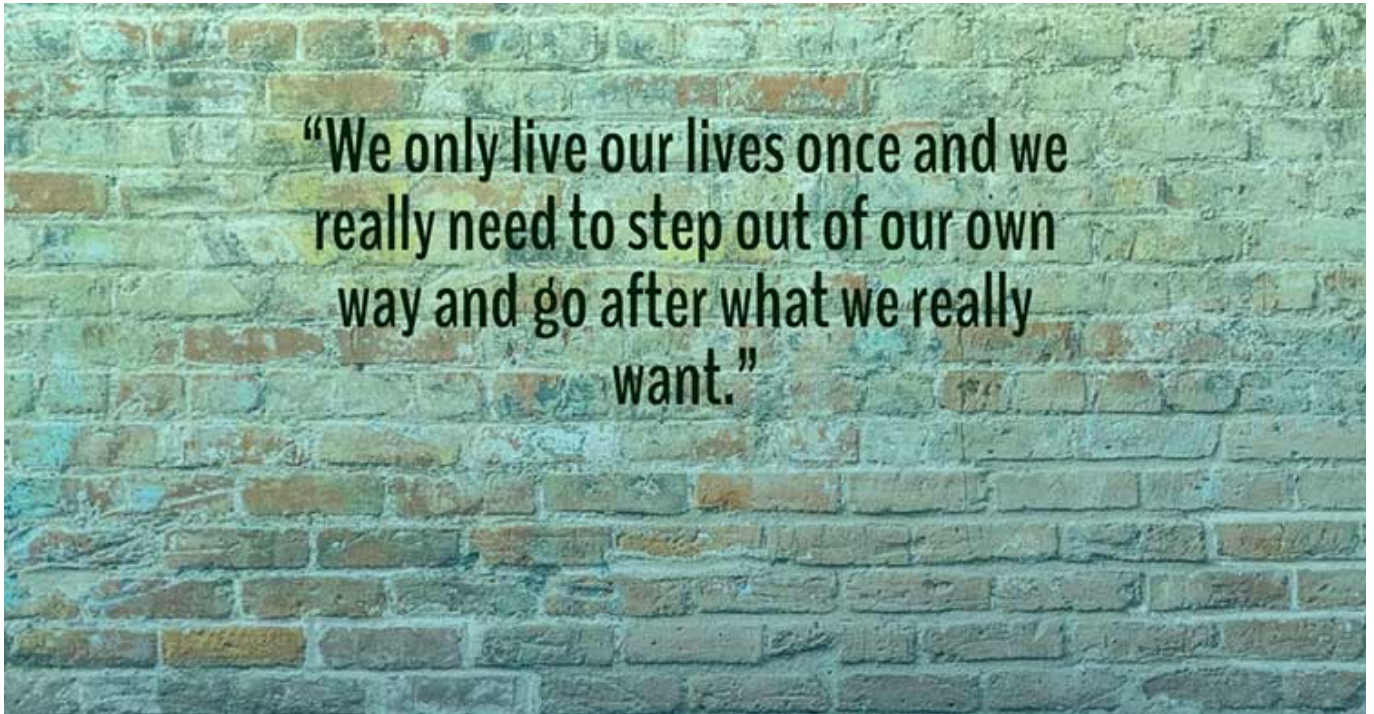
So let's get started.

What Will I Learn?

- [Good Life Quotes to Live By](#)
- [Powerful Life Quotes About Failure](#)
- [Inspirational Life Quotes on Letting Go](#)
- [Great Life Quotes on Moving On](#)
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Good Life Quotes to Live By

“We only live our lives once and we really need to step out of our own way and go after what we really want.”



"There is no one stopping us but us."



*“There is no one
stopping us but us.”*

“Do not keep settling for less than what you want.”



"The best way to prepare for life is to begin to live. "

Elbert Hubbard



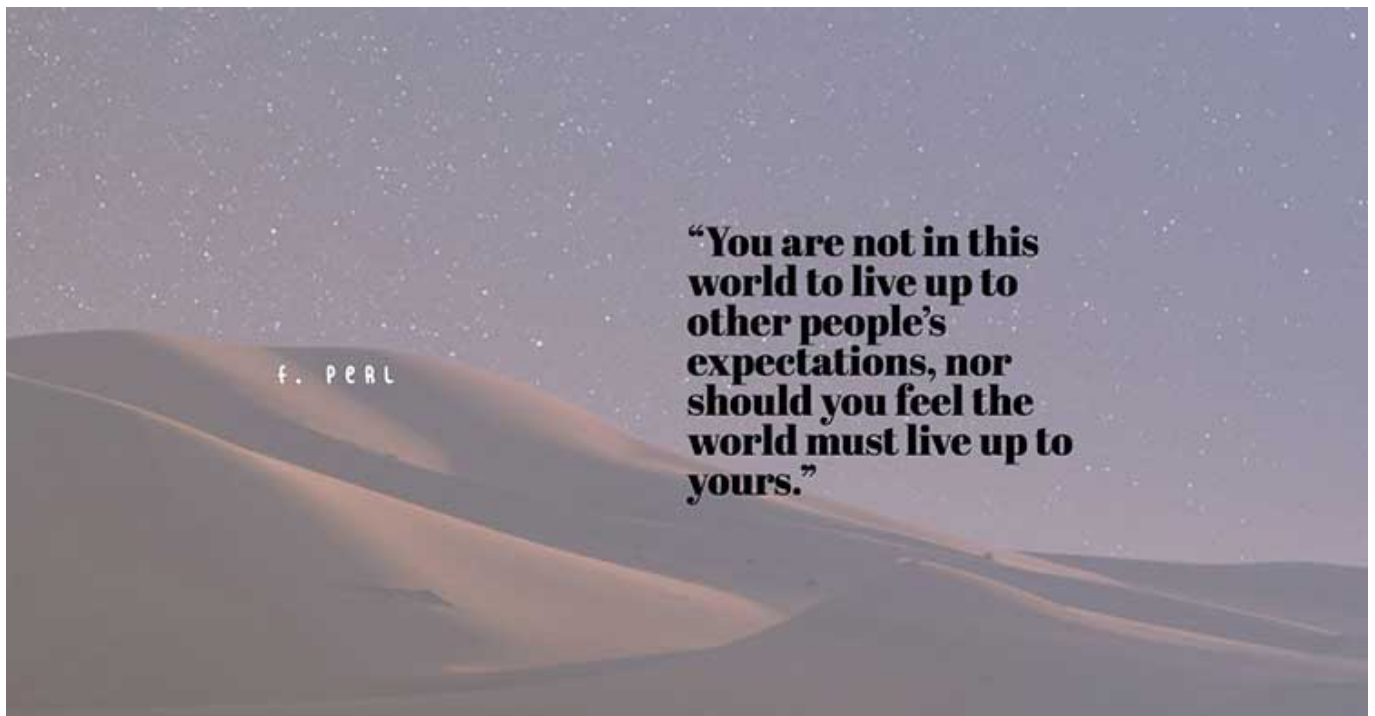
"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face."

Eleanor Roosevelt



“You are not in this world to live up to other people’s expectations, nor should you feel the world must live up to yours.”

F. Perl



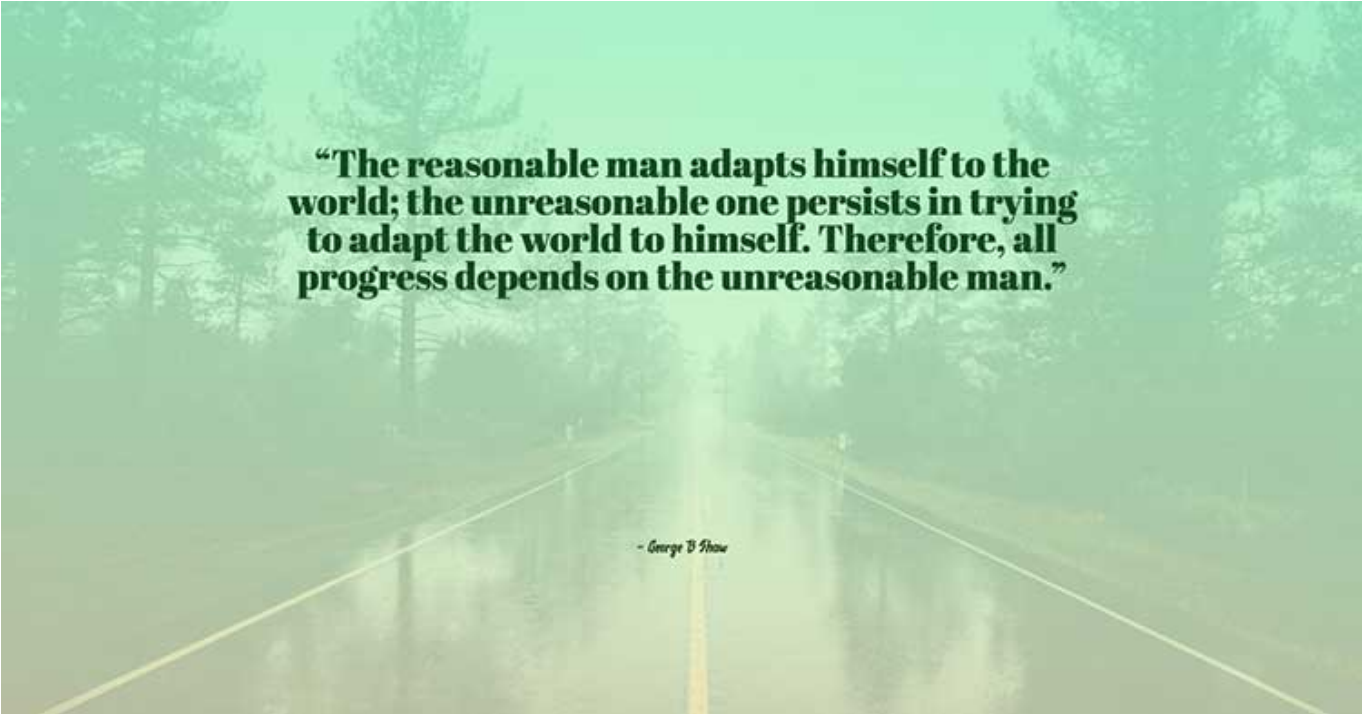
“Life isn’t about finding yourself. It’s about creating yourself.”

George Bernard Shaw



“The reasonable man adapts himself to the world; the unreasonable one persists in trying to adapt the world to himself. Therefore, all progress depends on the unreasonable man.”

George B Shaw



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“Never be bullied into silence. Never allow yourself to be made a victim. Accept no one’s definition of your life; define yourself.”

Harvey Fierstein

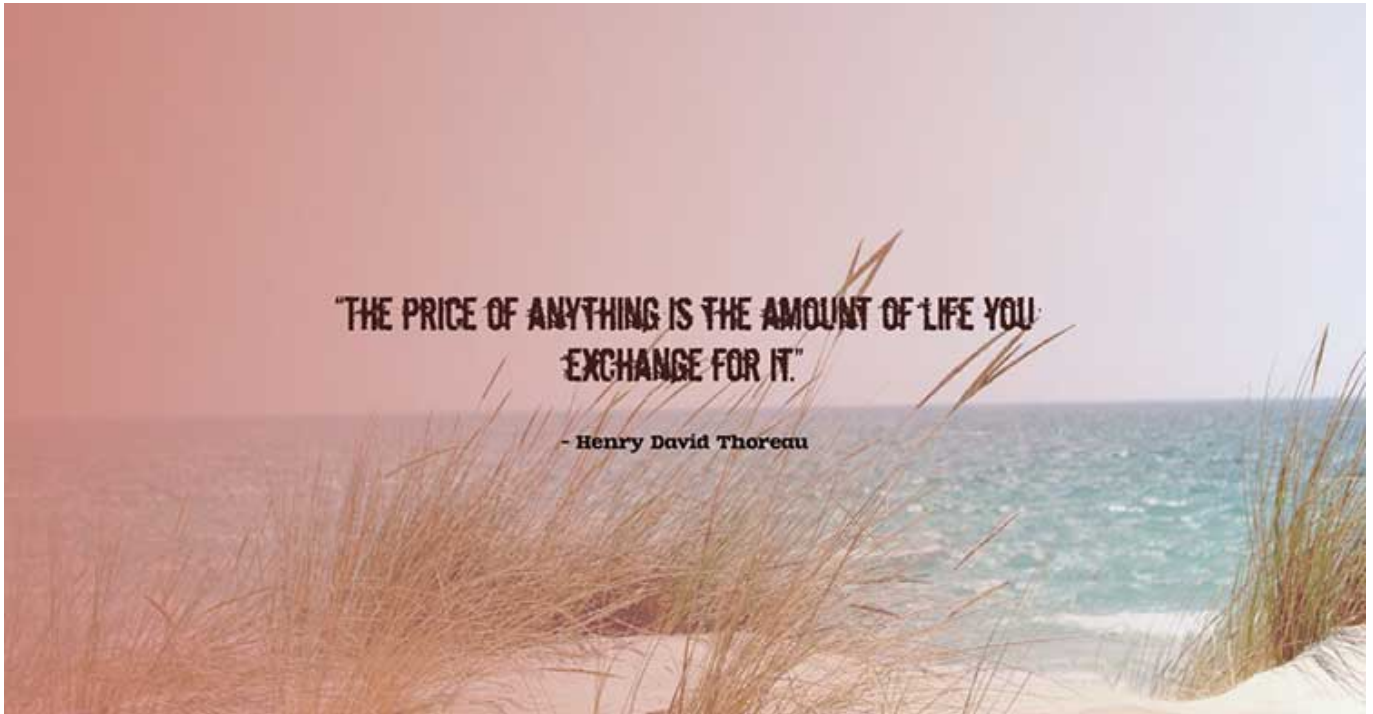


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- HARVEY FIERSTEIN

“The price of anything is the amount of life you exchange for it.”

Henry David Thoreau



“Self-respect is the fruit of discipline; the sense of dignity grows with the ability to say no to oneself.”

Abraham J. Heschel

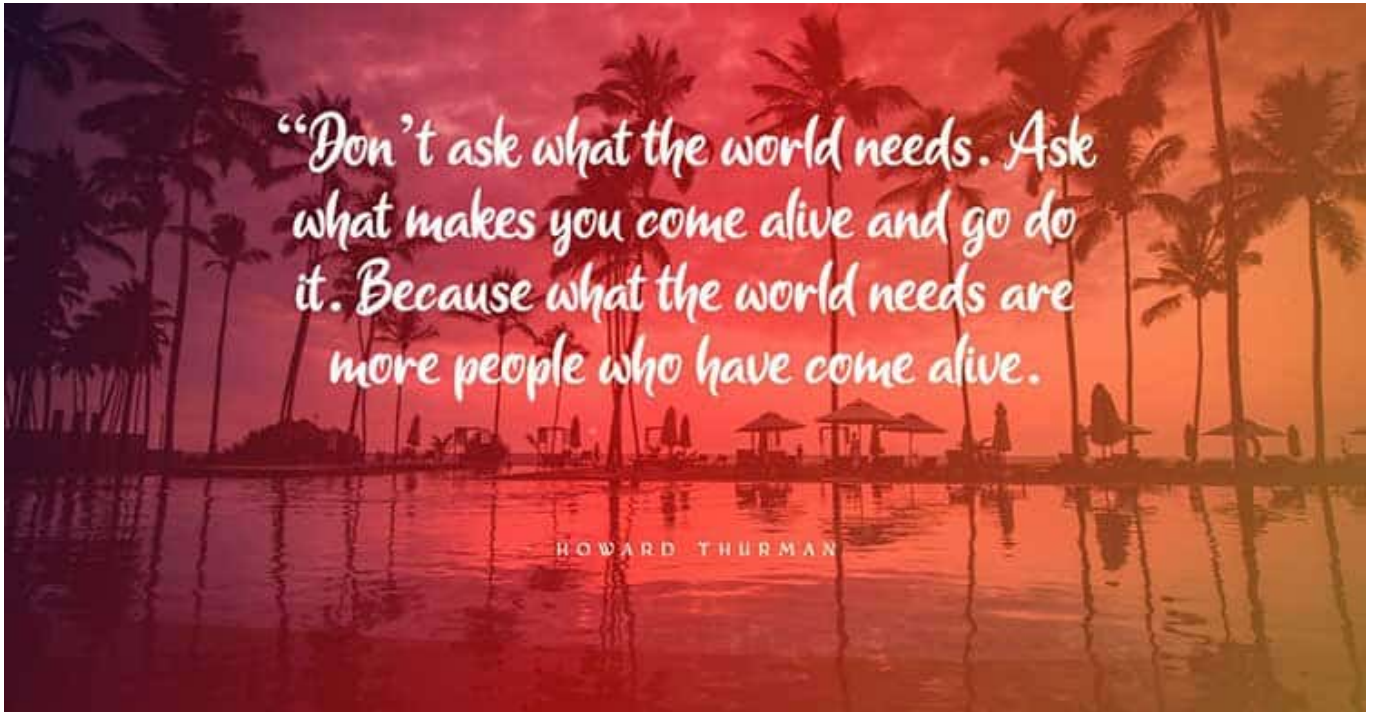


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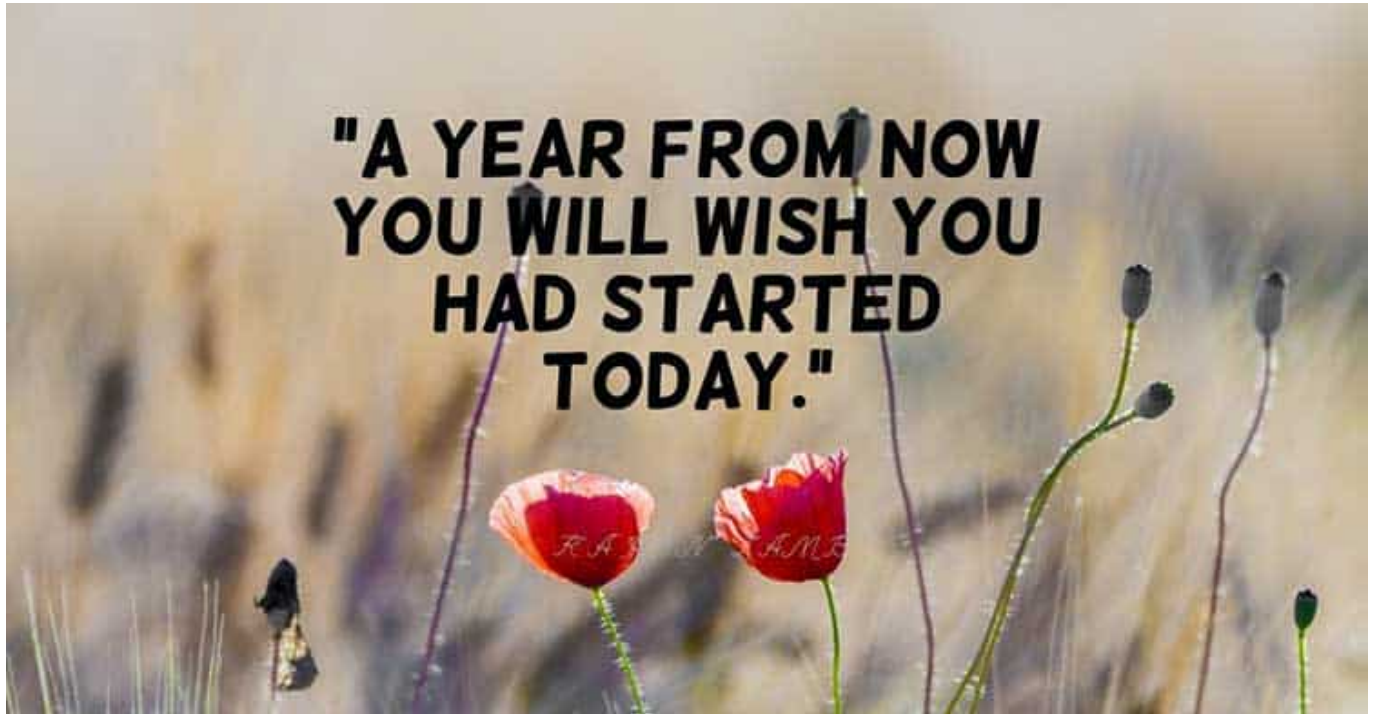
"Don't ask what the world needs. Ask what makes you come alive and go do it. Because what the world needs are more people who have come alive.

Howard Thurman



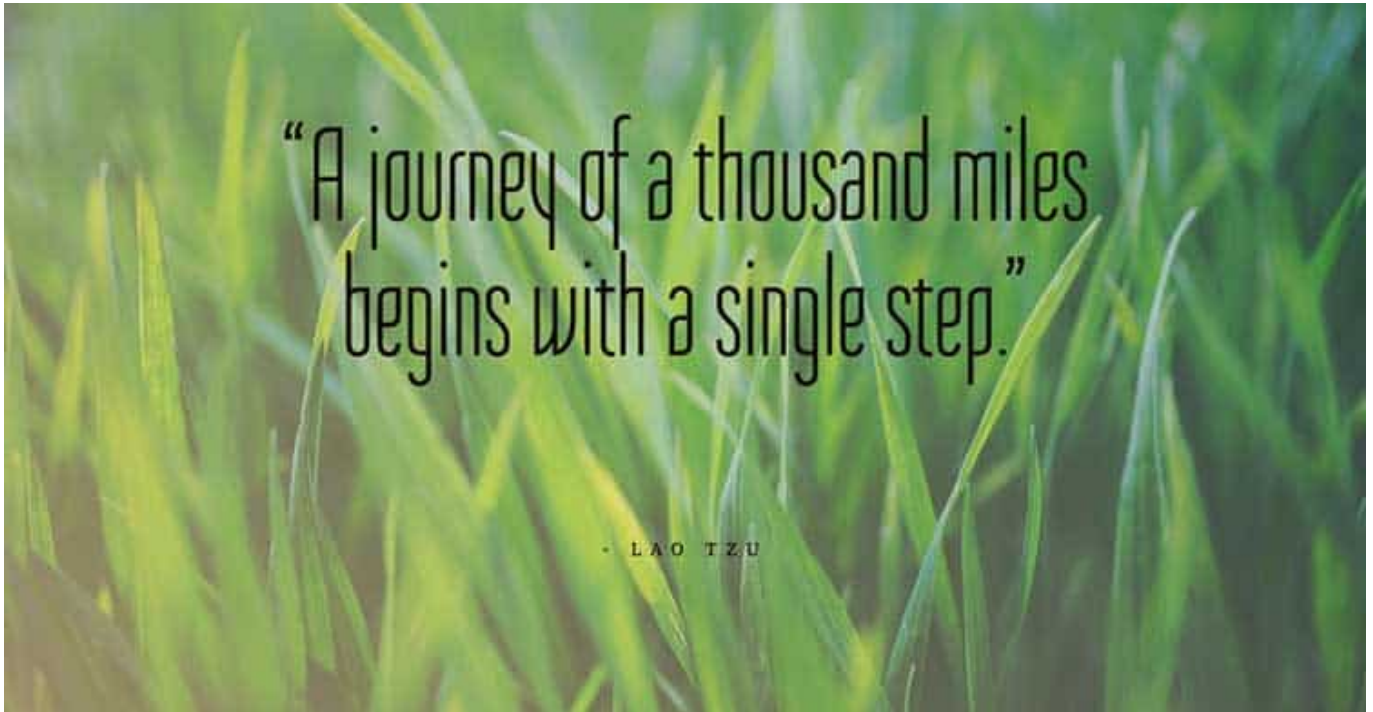
“A year from now you will wish you had started today.”

Karen Lamb



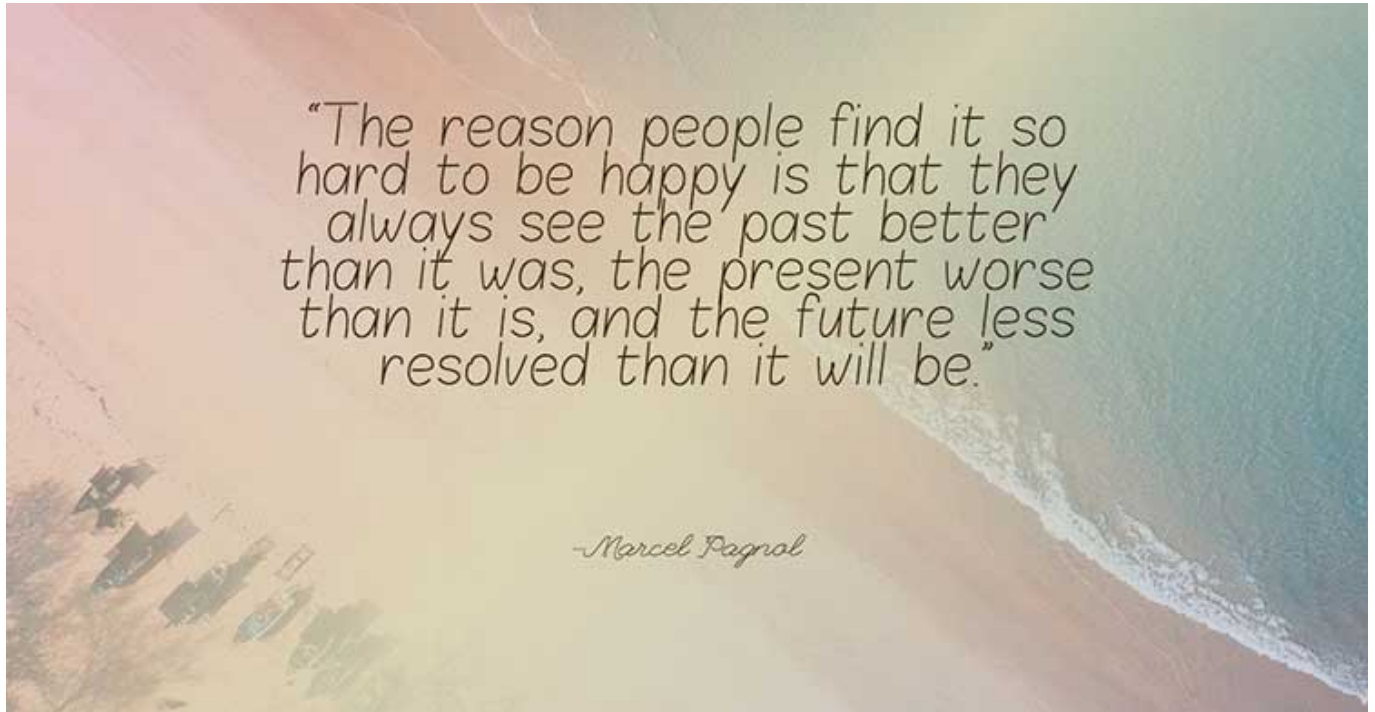
"A journey of a thousand miles begins with a single step."

Lao Tzu



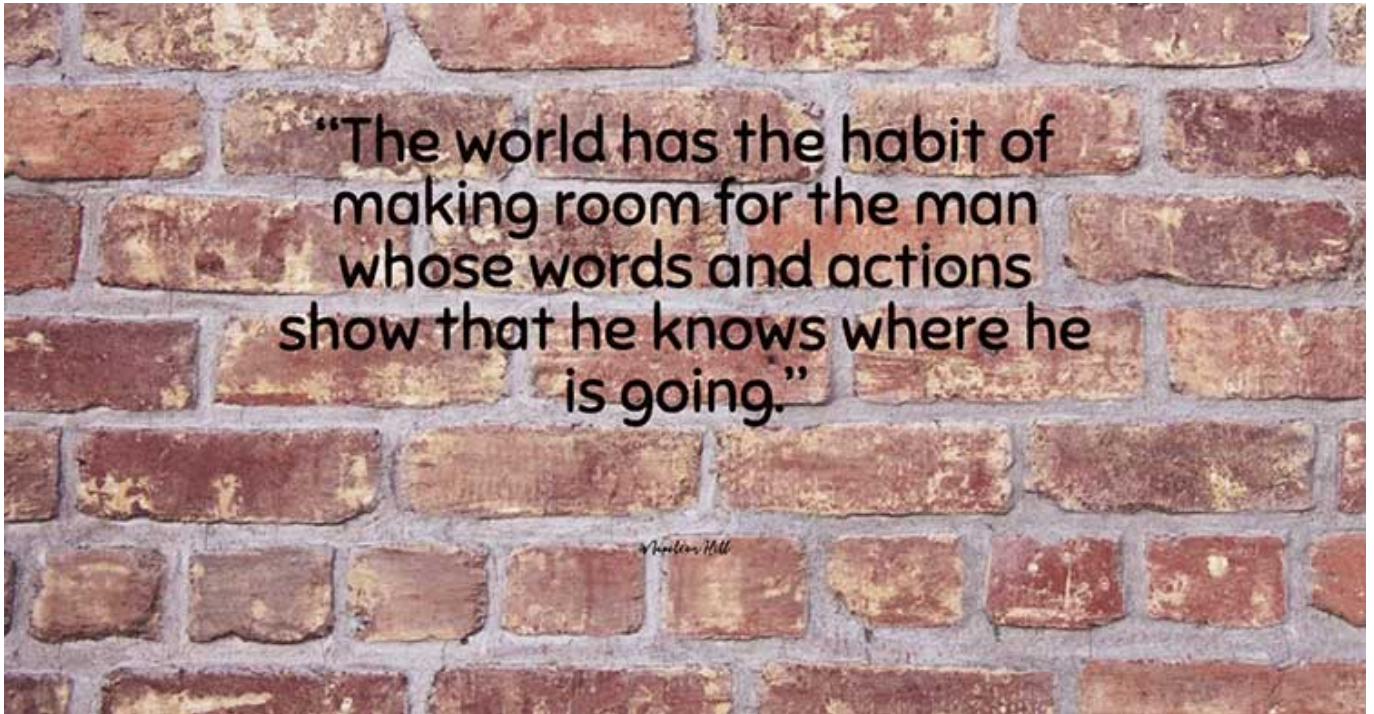
“The reason people find it so hard to be happy is that they always see the past better than it was, the present worse than it is, and the future less resolved than it will be.”

Marcel Pagnol



"The world has the habit of making room for the man whose words and actions show that he knows where he is going."

Napoleon Hill



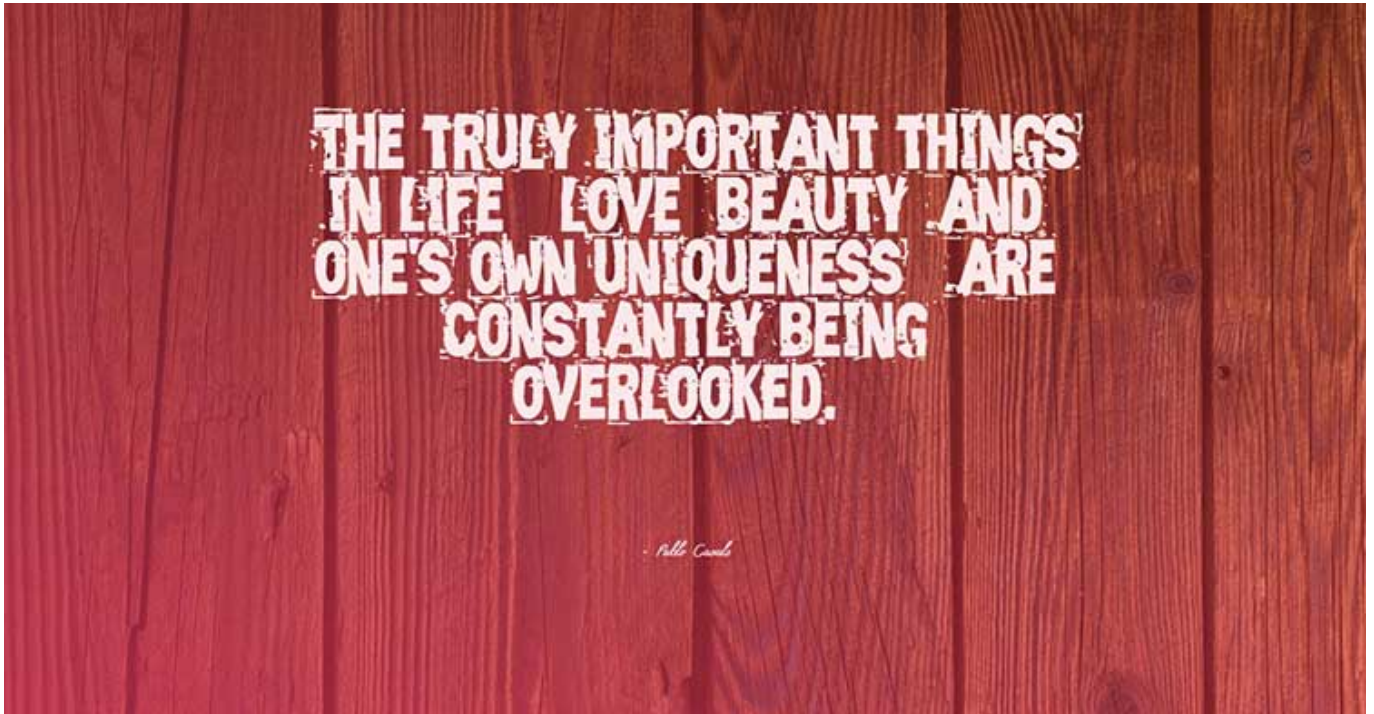
“We are what we repeatedly do, excellence then is not an act, but a habit.”

Aristotle



“The truly important things in life - love, beauty, and one’s own uniqueness - are constantly being overlooked.”

Pablo Casals



“All life is an experiment. The more experiments you make, the better.”

Ralph Waldo Emerson



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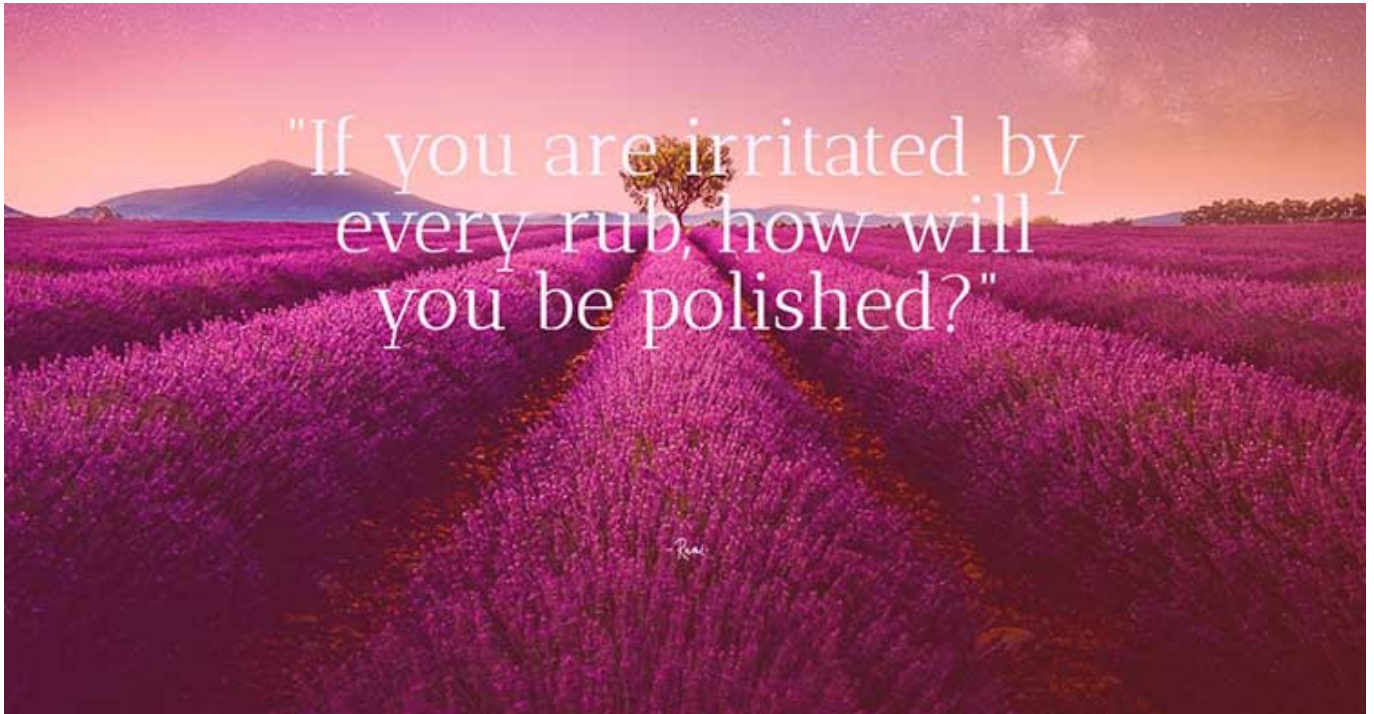
“Don’t judge each day by the harvest you reap but by the seeds you plant.”

Robert Louis Stevenson



“If you are irritated by every rub, how will you be polished?”

Rumi



"We don't see things the way they are. We see them the way WE are."

Talmud



“Change is inevitable. Progress is optional.”

Tony Robbins

“I skate to where the puck is going to be, not where it has been.”

Wayne Gretzk

“Every man dies. Not every man really lives.”

William Ross Wallace



“Everyone has his own specific mission in life. You can not be replaced, nor can your life be repeated. Thus, everyone’s task is as unique as is his specific opportunity to implement it.”

Viktor Frankl

“Respect your efforts, respect yourself. Self-respect leads to self-discipline. When you have both firmly under your belt, that’s real power.”

Clint Eastwood

“Discipline is remembering what you want.”

David Campbell

“I am willing to put myself through anything; temporary pain or discomfort means nothing to me as long as I can see that the experience will take me to a new level. I am interested in the unknown, and the only path to the unknown is through breaking barriers, an often painful process.”

Diane Nyad

“Some people regard discipline as a chore. For me, it is a kind of order that sets me free to fly.”



“Lack of discipline leads to frustration and self-loathing.”

“Self-discipline is an act of cultivation. It requires you to connect today’s actions to tomorrow’s results. There’s a season for sowing a season for reaping. Self-discipline helps you know which is which.”

Gary Ryan Blair

“By constant self-discipline and self-control, you can develop greatness of character.”

Grenville Kleiser

“Talent without discipline is like an octopus on roller skates. There’s plenty of movement, but you never know if it’s going to be forward, backward or sideways.”

H. Jackson Brown, Jr.

“Rule your mind or it will rule you.”

Horace

“Discipline is the bridge between goals and accomplishments.”



Jim Rohn

“A man without a decision of character can never be said to belong to himself. He belongs to whatever can make captive of him.”

John Foster

“It is not enough to have great qualities. We should also have the management of them.”

La Rochefoucauld

“If you take responsibility for yourself you will develop a hunger to accomplish your dreams.”

Les Brown

“There is little that can withstand a man who can conquer himself.”

Louis XIV

“The minute you settle for less than you deserve, you get even less than you settled for.”

Maureen Dowd



“Self-discipline begins with the mastery of your thoughts. If you don’t control what you think, you can’t control what you do. Simply, self-discipline enables you to think first and act afterward.”

Napolean Hill

“The first and best victory is to conquer yourself.”

Plato

“With self-discipline most anything is possible.”

Theodore Roosevelt

“Mental toughness is many things and rather difficult to explain. Its qualities are sacrifice and self-denial. Also, most importantly, it is combined with a perfectly disciplined will that refuses to give in. It’s a state of mind-you could call it character in action.”

- Vince Lombardi

“People often say that motivation doesn’t last. Well, neither does bathing - that’s why we recommend it daily.”

Zig Ziglar



Powerful Life Quotes About Failure



“Nobody cleared a path for themselves by giving up.”

Alacia Bessette

“All my successes have been built on my failures.”

Benjamin Disraeli



“You may be disappointed if you fail, but you are doomed if you don’t try.”

Beverly Sills

“I don’t know the key to success, but the key to failure is trying to please everybody.”

Bill Cosby

“Nothing has a stronger influence psychologically on their environment and especially on their children than the unlived life of the parent.”

Carl Jung

“One fails forward toward success.”

Charles F. Kettering

“I think you actually get a kick out of being disappointed and under-achieving because it’s easier, isn’t it? Failure and unhappiness are easier because you can make a joke out of it.”

David Nicholls



“Act as if it were impossible to fail.”

Dorothea Brande

“The only real failure in life is the failure to try.”

“It is a mistake to suppose that people succeed through success; they often succeed through failures.”

“Never confuse a single defeat with a final defeat.”

F. Scott Fitzgerald

“Fear of failure must never be a reason not to try something.”

Frederick Smith

“You can’t have any successes unless you can accept failure.”

George Cukor

“Because a fellow has failed once or twice or a dozen times, you don’t



want to set him down as a failure till he's dead or loses his courage.”

George Horace Lorimer

“Men are born to succeed, not fail.”

Henry David Thoreau

“Failure is only the opportunity to begin again more intelligently.”

Henry Ford

“It is impossible to live without failing at something unless you live so cautiously that you might as well not have lived at all. In which, you have failed by default.”

J. K. Rowling

“The men who try to do something and fail are infinitely better than those who try to do nothing and succeed.”

Lloyd Jones

“There is much to be said for failure. It is more interesting than success.”



Max Beerbohm

“There are defeats more triumphant than victories.”

Michel de Montaigne

“I’ve missed more than 9000 shots in my career. I’ve lost almost 300 games. Twenty-six times I’ve been trusted to take the game winning shot and missed. I’ve failed over and over and over again in my life. And that is why I succeed.”

Michael Jordan

“You always pass failure on your way to success.”

Mickey Rooney

“Success isn’t permanent, and failure isn’t fatal.”

Mike Ditka

“Failure doesn’t mean you are a failure... it just means you haven’t succeeded yet.”

Robert Schuller



“Notice the difference between what happens when a man says to himself, “I have failed three times,” and what happens when he says, “I am a failure.”.”

S.I. Hayakawa

“Winners lose more than losers. They win and lose more than losers because they stay in the game.”

Terry Paulson

“The greatest barrier to success is the fear of failure.”

Sven Goran Eriksson

“Many of life’s failures are people who did not realize how close they were to success when they gave up.”

Thomas Edison

“I have not failed. I’ve just found 10,000 ways that won’t work.”

-Thomas Edison



“There are no failures, just experiences and your reactions to them.”

Tom Krause

Inspirational Life Quotes on Letting Go



“Be smart enough to hold on, be brave enough to let go. Sometimes, we need to hold onto faith while letting go of the outcome. Open your hand and hold your dreams gently, don’t try to grab them.”

“Life is like riding a bicycle - in order to keep your balance, you must keep moving.”

Albert Einstein



“I guess it’s going to have to hurt. I guess I’m going to have to cry and let go of some things I’ve loved to get to the other side. I guess it’s going to break me down, like falling when you try to fly. Sad but sometimes moving on with the rest of your life starts with goodbye.”

Carrie Underwood

“Use the losses and failures of the past as a reason for action, not inaction.”

Charles J. Givens

“The more we let God take us over, the more truly ourselves we become - because He made us. He invented us. He invented all the different people that you and I were intended to be. . .It is when I turn to Christ, when I give up myself to His personality, that I first begin to have a real personality of my own.”

C.S. Lewis

“Don’t dwell on what went wrong. Instead, focus on what to do next. Spend your energies on moving forward toward finding the answer.”

Dennis Waitley

“If you bury the pain deep down it will stay with you indefinitely, but if you open yourself to it, experience it, and deal with it head-on,



you'll find it begins to move on after a while."

Greg Behrendt

"Failure is the opportunity to begin again more intelligently."

Henry Ford

"A difficult time can be more readily endured if we retain the conviction that our existence holds a purpose, a cause to pursue, a person to love, and a goal to achieve."

John Maxwell

"We must be willing to let go of the life we have planned, so as to accept the life that is waiting for us."

Joseph Campbell

"We are all failures- at least the best of us are."

J.M. Barrie

"Cry me a river, build a bridge, and get over it."

Justin Timberlake



“What the caterpillar calls the end of the world, the rest of the world calls a butterfly.”

Lao Tzu

“Letting go doesn’t mean giving up... it means moving on. It is one of the hardest things a person can do. Starting at birth, we grasp on to anything we can get our hands on, and hold on as if we will cease to exist when we let go. We feel that letting go is giving up, quitting and that as we all know is cowardly. But as we grow older we are forced to change our way of thinking. We are forced to realize that letting go means accepting things that cannot be. It means maturing and moving on, no matter how hard you have to fight yourself to do so.”

Lao Tzu

“If you love somebody, let them go. If they return, they were always yours. If they don’t, they never were.”

“Tears are words the heart can’t express.”

“What is the point of pointing the finger, other than to stall your own progress in moving on?”

Lisa Steadman



“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.”

Maria Robinson

“Even though you may want to move forward in your life, you may have one foot on the brakes. In order to be free, we must learn how to let go. Release the hurt. Release the fear. Refuse to entertain your old pain. The energy it takes to hang onto the past is holding you back from a new life. What is it you would let go of today?”

Mary Manin Morrissey

“The great courageous act that we must all do is to have the courage to step out of our history and past so that we can live our dreams.”

Oprah Winfrey

“It is important that we forgive ourselves for making mistakes. We need to learn from our errors and move on.”

Steve Maraboli

“Cry. Forgive. Learn. Move on. Let your tears water the seeds of your future happiness.”

Steve Maraboli



“Love is forgiving, accepting, moving on, embracing, and all-encompassing. And if you’re not doing that for yourself, you cannot do that with anyone else.”

Steve Maraboli

“Forgiveness and letting go are steps on our road back to happiness.”

Tina Dayton

“Keeping baggage from the past will leave no room for happiness in the future.”

Wayne L Misner

Great Life Quotes on Moving On



“When one door closes another door opens; but we so often look so long and so regretfully upon the closed door, that we do not see the ones which open for us.”

Alexander Graham Bell

“Hanging onto resentment is letting someone you despise live rent-free in your head.”

Ann Landers



“Every breath is an opportunity to receive and let go. I receive love and I let go of the pain.”

Brenda MacIntyre

“You will find that it is necessary to let things go; simply for the reason that they are heavy. So let them go, let go of them. I tie no weights to my ankles.”

C. JoyBell C.

“We can’t be afraid of change. You may feel very secure in the pond that you are in, but if you never venture out of it, you will never know that there is such a thing as an ocean, a sea. Holding onto something that is good for you now, maybe the very reason why you don’t have anything better.”

C. JoyBell C.

“Last night I lost the world, and gained the universe”.

C. JoyBell C.

“Letting go doesn’t mean that you don’t care about someone anymore. It’s just realizing that the only person you really have control over is yourself.”



Deborah Reber

“There is a huge amount of freedom that comes to you when you take nothing personally.”

Don Miguel Ruiz

“Don’t cry because it’s over. Smile because it happened.”

Dr. Seuss

“Whatever the present moment contains, accept it as if you had chosen it. Always work with it, not against it.”

Eckhart Tolle

“When we think we have been hurt by someone in the past, we build up defenses to protect ourselves from being hurt in the future. So the fearful past causes a fearful future and the past and future become one. We cannot love when we feel fear.... When we release the fearful past and forgive everyone, we will experience total love and oneness with all.”

Gerald G. Jampolsky

“Pain will leave you when you let go.”



Jeremy Aldana

“Three months ago, if you asked me, I would have told you that if you really loved someone, you’d let them go. But now I look at you, and I dreamed about Maggie, and I see that I’ve been wrong. If you really love someone, Allie, I think you have to take them back.”

Jodi Picoult

“There ain’t no way you can hold onto something that wants to go, you understand? You can only love what you got while you got it.”

Kate DiCamillo

“Today expect something good to happen to you no matter what occurred yesterday. Realize the past no longer holds you captive. It can only continue to hurt you if you hold on to it. Let the past go. A simply abundant world awaits.”

Sarah Breathnach

“Dwelling on the negative simply contributes to its power.”

- Shirley MacLaine



“The truth is, unless you let go, unless you forgive yourself, unless you forgive the situation, unless you realize that the situation is over, you cannot move forward.”

Steve Maraboli

“Renew yourself. Release that attachment. Today is a new day.”

Steve Mariboli

“Incredible change happens in your life when you decide to take control of what you do have power over instead of craving control over what you don’t.”

Steve Maraboli

“You must learn to let go. Release the stress. You were never in control anyway.”

Steve Maraboli

“It is important that we forgive ourselves for making mistakes. We need to learn from our errors and move on.”

Steve Maraboli



“The beautiful journey of today can only begin when we learn to let go of yesterday.”

Steve Maraboli

“A grateful mindset can set you free from the prison of disempowerment and the shackles of misery.”

Steve Maraboli

“Cry. Forgive. Learn. Move on. Let your tears water the seeds of your future happiness.”

Steve Maraboli

“There are times in life when people must know when not to let go. Balloons are designed to teach small children this.”

Terry Pratchett

“Know that everything is in perfect order whether you understand it or not.”

Valery Satterwhite

“Change is never easy, you fight to hold on, and you fight to let go.”



The Wonder Years

“Serenity comes when you trade expectations for acceptance.”

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